

NRC Origins

The City of Northampton's Hampshire HOPE Coalition working together with the Northwestern District Attorney's Office and members of the recovery community in Hampshire County facilitated the vision of a much needed recovery center in Northampton. That vision became a reality with hope and hard work on everyone's part and with staff support from sister recovery centers, The Recover Project in Greenfield, and Hope for Holyoke. The Western Massachusetts Training Consortium provides fiscal sponsorship for the NRC.



“Finally an approach to addiction and alcoholism that is not only supportive, while offering valuable tools for my recovery, but most importantly serves as a bridge into the local community.”

– Ebon Graves




Hope is the thing with feathers,
that perches in
the soul, that sings the
tune without the word
and never stops— at all

– Emily Dickinson

For more information, contact:
NorthamptonRecoveryCenter@gmail.com
or Lynn.Ferro@state.ma.us

NRC is open:
Mon 11-7 | Tue+Wed 9:30-7:30
Thur+Fri 11-7 pm | Sat 11-5


2 Gleason Plaza | Northampton, MA
413-834-4127 

NorthamptonRecoveryCenter.org



**NOT JUST A
PLACE TO GO,
A PLACE TO
BELONG!**

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What is a Peer Recovery Center?

A peer recovery center provides support services designed to fill the needs of people in recovery. The services are called peer recovery support services and, as the word peer implies, they are designed and delivered by people who have experienced both substance use disorder and recovery.

The Northampton Recovery Center is a peer-driven, peer-oriented center, established in 2016.

It is open to people with direct experience with substance use—currently seeking or in recovery as well as people impacted by someone else's substance use, such as family and friends.



Our Mission

NRC is a safe, peer-driven community that provides a positive welcoming environment for people on all pathways and in all stages of recovery from addiction, as well as for their families and allies. Together we share support, resources and hope.

Peers lead and design opportunities for social, educational and wellness activities that support recovery.

NRC honors the value of life experiences and provides a creative place for people to heal and grow in mind, body and spirit.

Our Values

Respect: NRC members acknowledge, respect, and honor diversity and each other's unique life experiences, and pathways of recovery.

Safety: NRC members believe that safety is built on our commitment to the physical and emotional well-being of our selves and each other.

Welcoming: NRC members are open and affirming to all people in recovery, and those seeking recovery.

Community: NRC members are accountable to each other for our actions, and to the community in which we live.

Wellness Activities & Services

- All recovery meeting
- Yoga
- Mindful recovery
- Guided imagery and meditation
- Peer support group
- Stress management
- Daily living skills
- Writing group
- Support group for men newly released from jail
- Nurturing parents in recovery
- Art and Music
- Socializing with people in all stages of recovery and their families and friends
- Connection and community building programs
- AREAS: Addiction Recovery Education and Access to Services group
- Holistic herbal education workshops
- Women's empowerment
- Dialectical Behavioral Therapy (DBT)
- NA, ACA, and Al-Anon
- Refuge Recovery

